



Announcing Jesus Christ on my Journey!

*Lord, renew my
senses, my eyes,
my ears, my
heart,
so that more
and more, I
may be filled
with wonder
for your
marvellous
works, and
rejoice again
and again
for your
presence in our
midst,
your presence
in my life,
your touch in
the nature I see.*

Elizabeth Dugas

We are Christ's hands!

Jesus touched the people he met. He touched those who were sick. We may think among others, of the lepers. He even touched the dead, which made him ritually impure. Jesus also let himself be touched by the sinful woman who came to wash his feet.

The sense of touch is very human. When we really love someone, a first desire is to touch the loved one. If we can see and hear without being seen or heard, it is not possible to touch without being touched

In the mystery of Incarnation, God touches us and we can touch God. A touch must be an expression of love. It is through this sense that we exchange peace, that we embrace in the kiss of peace. We need to be touched. In Christ, God came and touched us. He touches us again and again today. We are called to share this touch.

It is true, in our churches, we are afraid to touch because of the context of sexual abuses. Our Church even has a protocol to determine the touch which is appropriate.

We reject a touch which is abusive, which destroys. As a Church, we have to recover the capacity to be the Body of Christ in this way.

How can we touch others in the manner God wants to embrace them?

+ Claude Champagne, O.M.I.
Bishop of Edmundston

A thought, good to remember...

To love is to be present to the other, present for the other.
It is to see the other, listen to the other, look,
accompany and touch the other.
All this can be done only by being PRESENT.

Question to ask yourself?

- ☺ Do I express tenderness in a physical contact, in a service rendered to someone, in kind words, in a time spent with someone?
- ☺ When I shake hands with someone, do I use only the tip of my fingers or shake hands with a tender touch?